



# GARDEN DELIGHTS

**ISSAQUAH GARDEN CLUB**

*“What grows in the garden,, so lovely and rare?  
Roses and dahlias and people grow there.”*

*Terry Kay, American novelist, 1938 —*

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## November Meeting

November 14, 2018, 10:00 A.M.

**We’re back in Tibbetts Creek Manor, this month!**

**Program for November: “Current Trends in Floral Design“**



Jon Throne at IGC,  
November, 2016

Jon Throne returns to speak to us, this month. Jon will focus on current trends in design, with emphasis on holiday floral designs.

Most of us will remember his most recent programs for us in the past, 2012, 2014, and 2016, and many of us have become his friends. As your editor wrote in 2012, “[Jon] is incredibly talented. He’s also friendly and generous.”

Jon is President, creative director and wedding specialist for **Countryside Floral and Garden, here in Issaquah.** He has received numerous design awards. His work has been featured in the publication, *O’trees.* He is active in NACE, and the Issaquah Chamber of Commerce.

Jon’s most recent endeavor is his five-acre farm, where he has inaugurated “Farm Fare and Floral,” at which he serves large farm to table dinners, and garden party weddings. He also raises animals — and bees—and cultivates vegetable and floral gardens. He reports that he produced around 3,000 dahlias this year!

## PRESIDENT'S MESSAGE

### Volunteering Opportunity

On Friday, October 12th, I met our IGC members Karen Bukantz, Georgann Lennon and Ann Moskowitz at the Bellevue Botanical Garden for the Native Garden work party. We were joined by fellow ELWD members and Native Plant Society members and even my visiting sister-in-law wanted to join the “party.”

It was a pretty October morning and we spent two hours trimming back or digging out overgrown plants and also building a wattle fence to help keep people from cutting through the garden in the wrong places.

I always learn something new when working with the BBG staff and now I am using my newly learned skill to build a wattle fence in my yard. It takes a lot of thin branches to build a wattle fence, so I'm working on trimming my trees and bushes this fall.

What did my sister-in-law think of the work party? She had a great time and couldn't wait to get home to her garden!

We will be back at Tibbetts for the November meeting with Jon Throne as our speaker. See you then,

**Debbie DeFilipps**

## PICTURES FROM BBGS



BBG Native Plant Work Party, 10/12 at the gathering place



Our friend, Lana Finegold, at the BBG work party

[Your editor found several articles about making a wattle fence, of which that on the website “Ali Does It All: Adventures in Grownup Living” was one]



## PLEASE HELP OUR CLUB!

Please don't forget to bring your plate, cup and utensils from home!

And please don't forget your contributions for the Issaquah Food Bank!

## GARDEN THERAPY THIS MONTH

On **November 20**, IGC members will meet at the Issaquah Care Center to complete the first floral arrangements for the 2018-19 year. Please sign up to help Shadi Wang and Joan Harris create floral designs for the clients to celebrate Thanksgiving at our meeting on November 14.

### 2018 NOVEMBER CLASS at BBG

*Natural Holiday Wreath Decorating*  
Saturday, December 1, 10am-12pm  
\$60 members/\$70 nonmembers

“Come and decorate a beautiful holiday wreath with natural decorations! Jodi Burkland from Molbak’s will provide you with a fresh evergreen wreath to decorate using ribbon and other natural decorations. You are welcome to bring dried or fresh items (like cones, holly, berries, rosehips) to add to your wreath. In addition to wreath decorating, Jodi will talk about how to update your porch and planters for the holidays to create a festive spirit! “

## BELLEVUE BOTANICAL GARDEN

### GARDEN d'LIGHTS

The 24th Annual Garden d’Lights will be held from November 24 to December 30, 2018, 4:30-9:00 pm, nightly.

“*Garden d’Lights* features over half a million sparkling lights formed into the whimsical shapes of plants, flowers, birds, animals, and cascading waterfalls set amid the natural beauty of the Bellevue Botanical Garden.”

The event is free for all on Free Nights, November 24 through 29, and tickets are not required. Usually all can be accommodated on free nights, but event staff will be present to control the flow of entrants so everyone can have an enjoyable experience. There could be a wait.

You will find all event info on [the website:](https://bellevuebotanical.org/garden-dlights/)

<https://bellevuebotanical.org/garden-dlights/>



## November Gardening Tips

from the Bellevue Botanical Garden Society newsletter, November, 2018.



... To celebrate our least floriferous season, November's Plant of the Month is *Stewartia*. We have

four species at BBG, including the unusual *S. rostrata* and *S. x henryae*. They all have elegant flowers and brilliant autumn color, but this month their bark - cinnamon colored and covered in different patterns for the different species - and strikingly architectural form take center stage.

- Consider composting fallen leaves. Some leaf blowers have vacuum and shredder functions, which can help them compost efficiently, but a lawnmower works, too. Both, however, are best done in drier weather!
- Cut back perennials before they turn to mush, and protect the crowns of tender varieties.
- Very tender plants can be brought indoors. Remember that overwintering plants in active growth is a tightrope walk between humidity and air circulation. I keep a fan on low next to my overwintering plants (not blowing on them), and mist as needed.
- Now can be a good time to remove unwanted trees and shrubs, to avoid impacting nesting birds in spring.
- Many trees, shrubs, and bulbs can be planted now that they're going dormant.
- Winterize your irrigation system, disconnect your hoses, and insulate your spigots.

## Holiday Open House

WE INVITE YOU TO JOIN  
US FOR A ROYAL EVENING.

**November 9th, 2018**

**4:30-7:30 PM**

Countryside Floral & Garden

1420 NW GILMAN BLVD. ISSAQUAH, WA  
425-392-0999 [www.countrysidefloral.com](http://www.countrysidefloral.com)

## November Care of Dahlias

[From the Puget Sound Dahlia Association]

Around **November 1**, dahlias are cut down and roots are lifted carefully with a spade by digging around the entire



plant about one foot from the stalk. Be careful to prevent "broken necks." Stalks are trimmed at root level, roots are washed, and soaked in fungicide ('Captan' recommended). Roots should be labeled and then divided or stored as a clump (**see illustration**).

The roots will keep best if the storage area is cool but always above freezing. Most growers store roots in a medium such as slightly damp vermiculite in order to prevent shriveling. Line a box with plastic and put in alternate layers of vermiculite and dahlia roots. Be certain to check the dahlia roots ever six weeks.

Dahlia roots left in the ground will survive cold winter days if kept from freezing. This is usually accomplished by heaping straw or mulch over the roots. Good drainage is essential for roots to be kept successfully in this manner.

## ON THE INTERNET

Now that the weather can be less than pleasant, you may wish to spend more time cozy in your home, perhaps searching for gardening information on the internet. Some of you have pointed me to good websites. **Gardens Alive** e-newsletter, for one. This is written by our speaker, for last February, Kirsten Lints, owner of **Gardens ALIVE Design**. It includes all sorts of information such as this:

### **GARDEN PLANNING: Plan Landscape Improvements Now**

Now is the time to check your landscape for improvements that need to be made.

- Does your home offer a warm and inviting holiday entry to your special friends and cherished family members?
  - Does your landscape need evergreens for texture, winter interest and contrast?
  - Do you need shrubs that offer a scented bloom in the spring to fill in bare spots?
  - Did your fall garden stun and amaze you with brilliant colors?
  - Will your spring garden burst forth with months of springtime enjoyment?
  - Are you ready to set new veggie garden goals?
  - Do you want a container that is as beautiful as a piece of art?
  - Would you love a self-contained fountain that circulates in a container and is topped by a beautiful blown glass bowl with a matching floating glass ball?
  - Are you ready to upgrade from plastic to timeless handcrafted ceramic containers?
- Plan now for your hanging and entry containers to make your home one that YOU want to come home to everyday.

<https://www.pinterest.com/gardensalivedes/fall-gardens/?lp=true>

Another good website, suggested by Georgann Lennon is **Gardening Knowhow** e-newsletter, from which I've copied this timely article:

### **Garden Knowhow—Garden Climate Changes: How Does Climate Change Affect Gardens**

#### **Does Climate Change Affect Gardens?**

It does, and it's important to learn how to spot climate change in the garden so that you can take action to help your plants adjust. It's easy to assume that climate change is happening somewhere far away. But the truth is, it's happening everywhere, even in your garden. ...The weather changes brought on by climate change are causing disruptions in nature's norms, even in your backyard. Before you can start dealing with changes in the garden resulting from climate change, you've got to learn to identify the issues. But how to spot climate change in the garden? It isn't easy, since climate change looks different in different regions.

#### **How to Spot Climate Change in the Garden**

As the world climate changes, plants will try to adapt to the new normal. That may mean that plants in warming areas flower early and fall victim to frosts. Or plants, like apple trees, that require certain chill hours to fruit, may postpone flowering. It also can signal pollinator issues, since the insects and birds that pollinate a plant's flowers may arrive at the wrong time. This can be an even greater problem for species

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## ON THE INTERNET, continued

that need to cross-pollinate. The blossoming times of the two species may no longer be simultaneous, and the pollinators may not be around. You may also notice other garden climate changes. Like the type and amount of precipitation in your area. Some areas are getting more rain than usual, while others are getting less.

Wherever you are located, you will probably need to start dealing with changes in the garden. You can't stop climate change on your own, but you can reduce your own carbon footprint and also help your plants survive under the new weather pattern. First, you can reduce water consumption in your garden. This is very important during hot, dry weather. The keywords here are mulch to hold in the moisture, rain barrels to capture water and drip irrigation to get the water exactly where you need it. Another method to start dealing with changes in the garden is to increase your composting efforts. You can put kitchen and garden detritus in the compost heap. Just composting this waste reduces your carbon pollution, especially potent greenhouse gas methane. In addition, compost can be used in place of chemical fertilizers to enrich your soil. Planting trees is another way to help gardening with climate change. Trees absorb carbon pollution (CO<sub>2</sub>) from the atmosphere, which is to everyone's benefit. Shade trees help your home cool in the summers without air conditioners.

<https://www.gardeningknowhow.com/garden-how-to/info/how-climate-change-affects-gardens.htm>

In addition to reading information on a website, you might also wish to look at videos.

**Cascade Water Alliance** has a YouTube Channel to access its how-to videos, including some of interest to gardeners. These include:

- How to have a Beautiful Landscape through Smart Watering
- Save Water and Keep Your Lawn Healthy
- How to Set a Sprinkler Schedule
- How to Convert a Sprinkler System to Drip Irrigation
- Save Water with the Right Plant in the Right Place
- Keep Your Potted Plants Beautiful and Blooming with Less Water

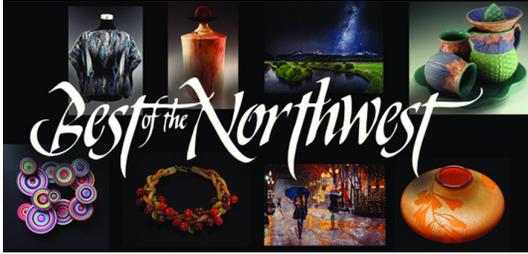
You can easily view these videos by going to their website:

<https://cascadewater.org>

and then clicking on "Cascade's How-To Videos."

### Just for fun...





## Northwest Art Alliance

“Thirtieth annual Art and Craft Show from 115 of the area’s finest artists.”

The show is held from **November 9th through November 11**

Friday: Noon - 7:00pm

Saturday: 10:00 a m - 6:00 p m

Sunday: 10:00 a m - 5:00 p.m.

**The show is indoors at Hangar 30 At Magnuson Park, (Hangar 30), at 6310 NE 74th Street, Seattle.**

Food trucks and Espresso

FREE Parking \*\*

Tickets \$8.00 – debit/credit (NEW) or cash at the door

Kids 12 and under, free

Veterans with military ID admitted free

\*\*Alternative transportation options are suggested: walk, bike, take public transportation...or carpool.

Directions and ticket information are available at the website;

<https://nwartalliance.org/event/30th-annual-best-of-the-northwest-art-and-fine-craft-show-fall-2018/>

[Your editor hasn’t attended this show for several years, but she found it very pleasant and a great source of art and crafts for herself as well as for holiday gifts.]

## BOOK REVIEW



### **Ground Rules: 100 Easy Lessons for Growing a More Glorious Garden, by Kate Frey**

Gardening doesn’t have to be difficult, and Kate Frey—expert gardener and designer—makes it easier than ever with her new book, *Ground Rules*. Frey distills the vital lessons gardening into one hundred simple rules that will yield a gorgeous, healthy, and thriving home garden. Discover tips on garden design, care and maintenance, healthy soil, and the best ways to water. You’ll also learn how to create a garden that encourages birds and butterflies, how to choose healthy plants at the garden center, how and when to re-pot a container, and much more. With bite-size chunks of expert information and inspiring photographs, *Ground Rules* is your new go-to resource.

[Review written by Lise Bixler, editor of “Into the Garden,” newsletter of The Gardeners’ Club, Santa Cruz, California, November, 2018.]

## Ricotta Brownies

### Ingredients

<b>1 cup unsalted butter</b>	<b>1 teaspoon vanilla</b>
<b>4 oz. unsweetened chocolate</b>	<b>1 cup chopped nuts (optional, I used walnuts)</b>
<b>2 cups sugar</b>	
<b>3 eggs</b>	<b>1 cup ricotta (I used low fat)</b>
<b>1 cup flour (I used white whole wheat flour)</b>	<b>½ cup sugar</b>
<b>½ teaspoon salt</b>	<b>1 teaspoon vanilla</b>
	<b>1 egg</b>

### Directions

Preheat oven to 350 degrees (optional step: spread nuts on pan and put in the oven when you turn it on, so they will be toasted when it's time to add them, but watch that they don't burn). Melt butter and chocolate (I do this in a plastic bowl in the microwave, defrosting in 2 minute intervals, then stirring and breaking up the chocolate – it will take longer or shorter depending on how big the chocolate pieces are). Whisk in the 2 cups sugar and 3 eggs, then stir in the next four ingredients. Spread in a greased 13" by 9" pan.

Beat the remaining ingredients until smooth, spread over chocolate mixture and swirl to marleize. Bake 40-45 minutes. (My brownies were pretty gooey, and should probably have stayed in longer. Most recipes are tested using large eggs, I used extra large.)

From The Seedling, newsletter of the Falls Church Garden Club, November 2018, **recipe** provided courtesy of Eva Novak, member.

### GARDEN DELIGHTS

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**Nov. meeting:  
Jon Throne**