



GARDEN DELIGHTS

Issaquah Garden Club

a 501c3 not-for-profit organization

*"All gardeners live in beautiful places
because they make them so."
Joseph Joubert, French moralist and essayist, 1754-1824*

May Meeting

One week early!

May 4, 2016. 10:00 A.M.

Easy Care Perennials throughout the Year

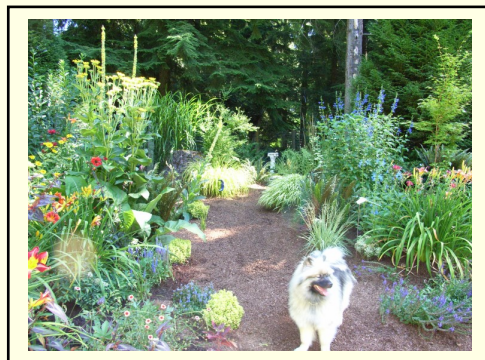
Our member, Janel Garnett, horticulturist, and National Flower Show Judge, will present our program on Wednesday, May 4. Here is Janel's poem about her program:

These are a few of my favorite garden treasures,
Fine for gardens without extraordinary measures.

Some are tried and true,
Some are new to you.

Some are for sun's glow,
Some are for shadow.

I hope they will provide you with all year long pleasures.



Janel's garden, October, 2013

PRESIDENT'S MESSAGE

All roads lead to our Plant Sale, **May 6 and 7**, from 10 am to 2 pm. It will be a multi-faceted event: Plant sale-Garage Sale-Bake Sale-Jewelry Sale-Art Sale. Last year's event was a huge success and a wonderful time was had by all. A time to visit and show off your knowledge to the customers. We'll be spending most of the IGC meeting on the 4th doing final prep for the plant sale. Janel's program will fit right in. If you haven't been contributing plants, it's time to get out your mixing bowl, and make something for the Bake Sale--cookies, brownies, coffee cakes or whatever fills your fancy. Just let Lenda Sundene know if you can. It's okay to bring them on Friday or Saturday. It'll be great fun!! Hope to see you there!

Joy

TOUR AT BBG

Issaquah Garden Club members and guests met at Bellevue Botanical Garden on April 13 to enjoy either long or short tours of the grounds, followed by our election of officers and a program presented by Barbara Green, the new Interim Manager of the Bellevue Botanical Garden Society. We were rewarded with beautiful weather and a very good time.



ELWD GENERAL MEMBERSHIP MEETING

The third ELWD General Membership Meeting for 2016-2017 will be held on **Monday, May 23**, at St. Andrew's Lutheran Church, Eastgate. Joyce Voldal will take reservations. We'll have a sign-up sheet at our May 4 meeting. If you wish to register separately, her Email address is: javoldal@hotmail.com

Plan to arrive at St. Andrew's by about 9:30 A.M. to have plenty of time to pay your \$10 for lunch and the two programs. The horticultural program will be given by Frankie Dennison, about fuchsias—hardy and other varieties—some you may never have seen before. The design program will feature six local designers whose work appeared in the 2016 “Vision of Beauty” calendar. One of the designers is Lana Finegold, who spoke at our February meeting.

MAY LUNCHEON

Our hostess for the luncheon on May 4 will be **Lenda Sundene**. Those serving on the luncheon committee this month include: **Sally Cadranell, Georgina Cone, June Ann Hassebroek, Jessica Liepins, Sue Wagner, and Gloria Woo.**



2016 STATE CONVENTION

The WSFGC Convention, “Imagine That!” will be held June 7-10 at Embassy Suites Hotel, Eastgate.

Gale Baullinger, Treasurer for the Convention and First Assistant Director of ELWD, will attend our meeting, May 4, to give us an overview of the convention. If you intend to attend the convention, or a part of it, the deadline for registration is May 17.

Volunteers will be needed at the convention. This will be discussed at the ELWD General Membership Meeting on Monday, May 23.

IGC PLANT/BAKE/WHITE ELEPHANT/ART SALE

If you’ve been in a closet and haven’t heard...our annual plant/bake/white elephant/art sale is May 6 and 7. Doubtless, our President and Chair of the sale will devote a good amount of time at our May 4 business meeting to discuss plans for this.

On April 20, Debbie DeFilipps, Joan Harris, June Ann Hassebroek, Joy Jackson, Georgann Lennon, Sandra Roberts and Lenda Sundene helped pot plants at Cate and Jack Mueller’s home. And on April 27, June Ann Hassebroek, Joy Jackson, Georgann Lennon Lenda Sundene and Gloria Woo helped pot, label and price. Janel Garnett stopped by with special plants. We now have an impressive amount of plants flourishing on the Mueller driveway!

We can always use more...if you’ve divided some perennials and wish to donate them, you could bring them to the meeting next week or to the Muellers at any time before the sale.

HELLO FROM JOANNE

Janel Garnett visited Joanne Dinken last month. Joanne said that she missed Issaquah Garden Club and its members. We certainly miss her, too!



If you can’t read Joanne’s card, it says, “Hello IGC. I miss you.”

A RECIPE TO TRY...

This recipe was printed in the April 2016 issue of the newsletter from my former garden club, the Falls Church Garden Club. The lady who offered it said it would work to keep deer off daylilies. It's a "100% Organic Spray":

1 cup of milk
1 egg
1 TB of Dawn
1 TB of oil
1 TB of hot sauce

Mix all with 1 quart of water. Let it set in the sun a day or two. Reapply after rain.

MASTER GARDENERS' CLASSES ON PROPAGATION

The Snoqualmie Valley King County WSU Master Gardeners Clinic is pleased to announce the fourth of their "In the Garden Series": The Art, Science, and Magic of Propagation with Master Gardener Gordon Polson on Saturday May 14, at the **North Bend library at 10:30am** and at the **Sammamish City Hall at 1:30pm**.

At North Bend, Mr. Polson will talk about seed germination. Why do some seeds germinate as you look at them while others sit and sulk apparently reluctant to oblige? Seeds are exciting and frustration by turns. Find out how you can maximize your results with seeds at this enlightening lecture.

At Sammamish, Gordon will explain and show you how to multiply your plants without emptying your wallet.

Cuttings allow you to produce an almost unlimited amount of identical plants, only limited by the size of the mother plant. They may be taken at almost any time of year and they require only a few simple tools.

Both presentations are free to the public.

ANNUAL EXHIBIT JAPANESE FLOWER DESIGN

On May 14 and 15, the Seattle Chapter 19 offers the annual exhibition of Ikebana International, "Spring Awakening," at the Seattle Asian Art Museum, at Volunteer Park, 1400 Prospect Street, Seattle. The exhibition will be held Saturday, May 14, 10 A.M. to 5 P.M., and Sunday, May 15, 10 A.M. to 4 P.M., with demonstrations each day at 1 P.M. and 2 P.M.

The Seattle Chapter 19, of Ikebana International, chartered March 16, 1959, is dedicated to cultivating and perpetuating the study of Ikebana by demonstrations and public exhibitions, with a deep purpose of establishing a better relationship among all people. The chapter is celebrating its 50th anniversary in 2009.



2015 Exhibition design

GARDEN CLUB YESTERDAY AND TODAY

Twelve ladies met in an ante-bellum drawing room in Athens, Georgia, in January 1891 to organize the first garden club in America. Little did they realize that they were lighting the candle that a century later would be casting its beams throughout a great nation, shedding rays of light, beauty and happiness in the paths of thousands of followers. Thus, there came into being the first of countless gardens clubs that today spread over our land like a benediction.

In the first years of this organization, women were not allowed to vote in the United States. By joining together to discuss issues important to them, they would use that knowledge to influence the men in their lives. Garden club members were the original women's league, environmentalists, league of women voters, Audubon, nature conservancy and wildlife protectors.

Besides learning to garden and do floral arrangements, they influenced their families and friends in many ways including originating the "Smokey the Bear" idea to protect against forest fires, "Don't be a Litter Bug" campaigns, and plantings of wildflowers along our nation's highways and spread a helping hand through World Gardening. This is a proud heritage.

Today National Garden Clubs, Inc. stays on the cutting edge by promoting the conservation of natural resources and environmental awareness. They award annual college scholarships, sponsor courses in environmental education, flower arranging, gardening study and landscape design and they encourage good horticultural practices.

In short, garden club members promote environmental enhancement. All our members continue learning, sharing and caring. Meanwhile they are creating life-long bonds of friendship.

NGC promotes community service projects, sponsors outreach programs for youth and international affiliates, encourages civic development, legislative advocacy and government relations.

Garden Clubs help people grow.

June Ann Hassebroek



This was posted on Facebook,
November 24, 2015.

HOW DIRT MAKES YOU HAPPY

[Your editor saw an interesting article on Facebook, and thought our members might find it interesting, too. The article comes from a website “Gardening Know How,” at <http://www.gardeningknowhow.com/garden-how-to/soil-fertilizers/antidepressant-microbes-soil.htm>

Here’s an excerpt. There is a quirky video to watch, too.]

Antidepressant Microbes In Soil: How Dirt Makes You Happy

By Bonnie L. Grant

“Antidepressant microbes in soil cause cytokine levels to rise, which results in the production of higher levels of serotonin. The bacterium was tested both by injection and ingestion on rats and the results were increased cognitive ability, lower stress and better concentration to tasks than a control group.

Gardeners inhale the bacteria, have topical contact with it and get it into their bloodstreams when there is a cut or other pathway for infection. The natural effects of the soil bacteria antidepressant can be felt for up to 3 weeks if the experiments with rats are any indication. So get out and play in the dirt and improve your mood and your life.”

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**Janel Garnett on
PERENNIALS**