



GARDEN DELIGHTS

Issaquah Garden Club

“Every autumn your mellow leaves fall in waves, like a winter cloak on your naïve hillside.”

Victor De Laprade, French poet and critic, 1812-1883.

November Meeting

November 9, 2016, 10:00 A.M.

Our speaker for November is one of our favorite presenters, **Jon Robert Throne**, AIFD, CFD, from Countryside Floral and Garden.

Jon was inducted into the American Institute of Floral Designers in 2001. His 26-year career started with a spider plant when he was 5 and a tomato plant when he was 6. From there the passion of growing plants led into his passion for the unique and unusual use of floral-related products.

Jon worked as Design Manager at a multi-shop operation in Michigan before moving to the Northwest. He purchased Countryside Floral and Garden in December 2012 and has worked there as Creative Director and Wedding and Event Specialist for the last twelve years. Jon wishes us to know that his latest endeavor is his five-acre farm in Kent, where he intends to grow local flowers for cutting..

Jon promises to bring at least fifteen arrangements. He is still planning his program. He’s speaking to another club the same week—he’s one busy fellow!



Don’t forget your cup, plate and utensils!

And please don’t forget to bring your donation for the Issaquah Food Bank!

According to information received, currently, they would especially like baking essentials such as salt sugar, and pie crusts found in the baking aisle—not refrigerated. Clients would also like holiday-themed food, but please **no** canned pumpkin, green beans or cranberries.

PRESIDENT'S MESSAGE

Thankful for all the Beauties of Nature, November is the month we look towards Thanksgiving and a perfect time to reflect on gratitude.

I cannot miss the opportunity to tell you all how grateful I am for YOU. You are the reason our Issaquah Garden Club is to succeed. Many accomplishments take place just because of the energy in our club. Just last meeting, two members offered to co-chair the December hobby/craft non-judged show, and two others committed to the project of club Historian. Thank YOU!

I look forward to seeing you at the next meeting. You are always by nature, beautiful to me.

Lenda Sundene



This and the pictures of arrangements on the first page are from the Country-side Floral and Garden website

NOVEMBER LUNCHEON

Those helping Hostess **Loretta Rodni** this month will be June Beckerman, Chong Chancellor, Joan Fields, Cate Mueller, Michele Peltonen, Sue Wagner, Janet Wall, Joanne Westveer, and Gloria Woo.

PLANT THERAPY THIS MONTH

The first date our club will be making floral designs at Issaquah Nursing and Rehabilitation Center, 805 South Front Street, will be on November 22, at 10 A. M. Karen Bukantz reminds us to bring **gloves, clippers and greens** ready to place in arrangements—**no** stickers and **no** berries, please.

There will be a sign-up sheet available at our November meeting.

WORKDAY AT BBG

On Friday, October 21, members of Issaquah Garden Club, along with others from our East Lake Washington District, under the direction of June Ann Hassebroek, met with members of the Native Plant Society, to work at the Native Discovery Garden. A number of new native plants were installed in the garden in about two hours.

[Your editor took four truly pathetic pictures that morning—she will refrain from sharing these with you.]

WORK AT THE WILLOW GARDEN

Also, last month, IGC members joined Janet Wall on the 25th for some serious pruning and a little planting in the Willow garden near Pickering Barn. Members were pleased to see that the eradication of buttercup over the last couple of years was still mostly successful.

THANK YOU VOLUNTEERS

[Your editor was asked to include this letter received by Karen Bukantz at a luncheon at the Issaquah Nursing and Rehabilitation Center for volunteers, at which our club was recognized for the Plant Therapy completed.]

*To all our volunteers
Who've been with us through the years
Today we'd like to thank each of you
For everything you say and do
Please have lunch on us, fill your bellies
full
I hope this gift we have for you, shows
that we are thankful*

*In your own ways, for the better you
change lives,
Because of all of you our residents don't
just live,
They thrive,
You make their lives feel brighter
And have made their souls feel lighter
It's a small gesture, providing you this
meal,
Compared to all our residents lives you
heal,
For everything that goes unnoticed
For all the acts that we don't see
We thank you from the bottom of our
hearts
That you chose us to spend your time
that's free*

By Chrissy Brockway

*From all of us at
Issaquah Nursing & Rehabilitation
Center*

A MESSAGE ABOUT AWARDS

In order to work on Awards, some due December 1 and some April 1, we will need pictures from 2015 – 2016--**the sooner the better!** Photos are needed to apply for Awards as well as preserve our History. Please look for pictures showing our projects and members working from **2015-2016** as soon as possible. Especially needed: Issaquah Care Center centerpieces and those creating them & residents; Issaquah History Museum plants and those caring for them; Pickering Farm maintenance; Youth pollinator garden with kids and IGC helpers; Bellevue Botanical Garden IGC helping plant native plants. Pictures of any IGC meeting, "Show and Tell"....making a bird bath, bird habitat, native plants or bird program

Please send digital pictures to Lenda Sundene, lsundene@comcast.net before **November 8** if possible. Please include information stating "WHO, WHAT, WHERE and WHEN.

Also, it would be helpful to know what you as an individual did to help pollinators and birds, such as: Did you reduce your use of harmful chemicals? Do you have trees, shrubs and habitat for birds? Have you grown plants for pollinators? Or have you plants bearing seeds, berries or fruit for birds? Do you have a source of fresh water--a new bird bath--on your property?? Please tell about any other public space you have personally worked on as a steward of the environment during 2015-2016.

Please send the answers to these questions to juneannhas@aol.com.

It is so REWARDING to learn what actions you are taking to benefit our world.

June Ann Hassebroek

NEWS ABOUT JOANNE DINKEN

Sue Chapman reports that she and Sue J. just returned from a visit with Joanne Dinken.: “She looks great and is in good spirits. She insists on living with Herm in his room in Memory Care, which is nicely appointed, clean and has great staff. She participates in some of the many activities they offer including flower arranging, bingo, and crafts. She has made friends there and seems happy. Diana and Tim, daughter and son-in-law, visit them frequently and are very good to them.

“The bad news is that she has breast cancer that is aggressive and fast growing. She begins chemotherapy next week for 12 weeks and then will have radiation. The doctor said that in most cases of a 92 year old they would not treat it but since she is in such good condition both mentally and physically she could have another 10 years to live and they want to give her the chance to do so in good health.

“She misses everyone here and asks about all of you every time I talk to her. It is difficult for her to talk on the phone because of her hearing. She does love to receive cards and I hope each of you will send her your loving thoughts – send cards to her at her daughter’s home. [Ask Sue Chapman or Cate Mueller for the address.]



PLANTING FOR POLLINATORS

Planting for pollinators is something we can all do to support our native insect populations in the area. What plants should you grow to attract and help support native plant pollinators in the Puget Sound area? This class will focus on Pollinator Pathways--corridors of plants that help support pollinator populations--and what native plants you can grow to contribute to those pathways.

On Monday, November 21, 6:30-8 pm, the University of Washington Botanic Gardens will offer a class at no cost, ” **Help Native Pollinators with Pollinator Pathways,**” at the Center for Urban Horticulture Douglas Classroom (3501 NE 41st St, Seattle)

You can register at

www.uwbotanicgardenscatalog.org/Help-Native-Pollinators-with-Pollinator-Pathways-P1372.aspx

(Your \$5 at the door donation supports our education programs and the SER-UW Nursery.)

The University of Washington Botanic Gardens offers a variety of education programs for everyone, drawing on research and technical expertise from the UW and beyond to include lectures, courses, demonstrations, symposia, and tours, as well as field trips for children, nature preschool, summer camps and family classes.

Phone: 206.685.8033 | Email:
urbhort@uw.edu

AUDREY ELLINGSEN

Those of us who are not new members of IGC, think fondly of Audrey, a member since Fall, 2007. Audrey has sold her home of many years on Front Street, and has moved to the family summer home on Birch Bay.

Your editor won't post her address and new Email address here, since this document goes on our website and thus would be available to anyone. If you wish to know Audrey's address and Email address, please contact Cate Mueller for this information.

PARISIAN HOLIDAY

This is a reminder that the WSFGC Holiday show, "Parisian Holiday," will be held on November 16 and 17 at the Olympia Red Lion Hotel, 2300 Evergreen Park Drive SW. Tickets at the door at \$10.00

[Marianne Binetti posted a link to this on Facebook, recently.]

ANTIDEPRESSANT MICROBES IN THE SOIL: HOW DIRT MAKES YOU HAPPY

By Bonnie L. Grant

Prozac may not be the only way to get rid of your serious blues. Soil microbes have been found to have similar effects on the brain and are without side effects and chemical dependency potential. Learn how to harness the natural antidepressant in soil and

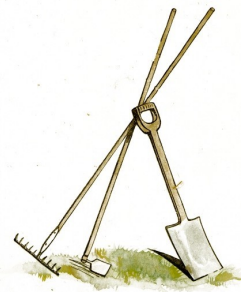
did. Modern scientists have unraveled the why of many medicinal plants and practices but only recently are they finding remedies that were previously unknown and yet, still a part of the natural life cycle. Soil microbes and human health now have a positive link which has been studied and found to be verifiable....

[For the remainder of the article, go to:
<http://www.gardeningknowhow.com/garden-how-to/soil-fertilizers/antidepressant-microbes-soil.htm>

HOW TO CLEAN YOUR TOOLS

In the fall, it is important to give garden tools extra care to extend their life and have them ready for use in the next growing season. Remove rust from metal parts with a wire brush and wipe them down with an oily rag. Sharpen shovels, hoes, shears and pruners. Lubricate moving joints. If wooden handles show signs of wear, sand them down and apply a marine varnish or linseed oil.

<http://extension.psu.edu/plants/gardening/news/2013/caring-for-hand-garden-tools>





GARDEN D'LIGHTS 2016

Bellevue Botanical Garden Society is looking for volunteers to work at Garden d'Lights. Participate in the set-up, installation, lights maintenance and take-down of our Garden lights for this popular seasonal event, which requires year-round efforts. Or participate in the event itself as a Greeter, Cashier, or Special Event Support staff. There is a "new volunteer" application at:

<https://www.volgistics.com/ex/portal.dll/ap?AP=1016940178>

Garden D'Lights runs from November 26 through December 31, 2016. Hours: 4:30 pm to 9:00 pm every evening including holidays. Lights go out at 9:30 pm. For more information about this event, and to purchase tickets, go to

<http://www.gardendlights.org/>.

Tickets are date specific and space is limited. Tickets are \$5.00 per person (children 10 and under are free and do not need a ticket or a reservation). Premium parking in the Garden's lot is available for \$5/car, cash only, as space allows. Parking is free in this lot for individuals with a disability parking permit.

THINGS TO DO IN NOVEMBER

Now is a great time to wander the garden and neighborhood and harvest remaining dried seed pods and branches for flower arrangements and wreaths.

When you brew your morning coffee, don't forget to save the grounds. They're a good source of nitrogen for the compost pile! Just mix the grounds right into the pile; if you use paper filters, you can toss them in as well. Coffee grounds can also be scattered beneath azaleas and rhododendrons to help create the acidic, humus-rich soil conditions these plants prefer,

Peonies can be planted in early November in full sun and fertile, well-drained soil that is rich in organic matter. Dig holes 18 inches deep and fill halfway with a mixture of soil, compost, and a handful of 5-10-10 fertilizer. Add a few more inches of soil, and set the tubers so the buds are one to two inches below the soil surface. Backfill, for the soil, and water thoroughly. Peonies do not grow well after being moved and will not bloom for several years.

A thorough garden clean-up is essential, especially if you've had problems with insects and diseases this year. If you leave remnants of diseased or infested plants in the garden, you can be setting the stage for a return of the same problems for the next growing season. Good sanitation is essential.

[See page 8 for more information about improving your garden.]

DIGGING AND STORING YOUR DAHLIAS

[Your editor has had an unexpected success with dahlias, this year. This has been heartening, since she thought they had perished in the flood in her garage discovered the day of our December meeting last year. She's gone searching for information about what to do with all the dahlias, this fall and winter.]

Swan Island Dahlias has a lengthy and informative article titled, "What to do next with your Dahlias!" on their website, www.dahlias.com. It begins:

"After months of flowers and enjoying the beautiful dahlias, the blooming season is coming to an end. Now will be the time to decide whether you should dig up and store your dahlia tubers or leave them in the ground for the winter. If you live in a milder climate where freezing of the dahlia tubers won't occur, then you have the option of leaving them in. Just remember they are a tuber with a thin skin, and they are not as hardy as a bulb.



Dahlia Tubers

"Do not dig your dahlias too early. We recommend waiting to dig your dahlias no less than two weeks after a killing frost."

Please read the remainder on the web.

COLORADO DAHLIA SOCIETY

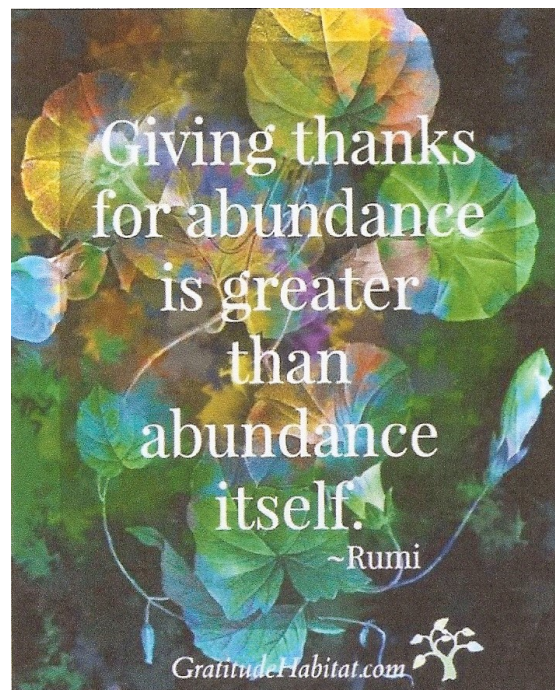
Another excellent reference about caring for dahlias in the next month or so may be found on the website of the Colorado Dahlia Society:

<http://dahlias.net/index.html>

Navigation to the information can be found on the left-hand of the main page under "Dahlia Culture: Fourteen Illustrated Articles," and is titled: "Dahlia Culture: Anybody can grow dahlias...some people just grow them better."

<http://www.dahlias.net/dahwebpg/CultureIndex/Culture.htm>

The article goes on for several screens and is printed in yellow type on a dark green background which wouldn't make reproduction easy.



MULSCH, 'MOLSCH,' OR WHATEVER YOU'D LIKE TO CALL IT

From Fine Gardening, November-December 1996, pp. 77-78.

The word “mulch” comes from the German “molsch”, meaning “soft”, and refers to any loose, generally soft material that is laid down on top of the soil to protect plant roots or spread lightly over the plant itself. Any mulch derived from living organisms is termed “organic.”

Prior to mulching remove dead stems and foliage and toss into the compost bin. Avoid composting leaves and stems of peonies, true lilies, and bearded irises as they often harbor fungus spores that live over the winter.

Following the above cleanup, add a 4-6 inch layer of mulch but keep away from the crowns to avoid rot. Even evergreens need mulch as they lose water constantly from the pores on the backs of their leaves. Lack of water also causes rhododendrons to curl their leaves to defend against water loss.

Hybrid tea roses should be covered completely during the winter with either a mound of soil or enclosed in a cage filled with straw or dry leaves.



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c/o Cate Mueller, Editor
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www.IssaquahGardenClub.org



**November Meeting:
Jon Robert Throne, AIFD,
CFD, from Countryside
Floral and Garden**