



GARDEN DELIGHTS

Issaquah Garden Club

No occupation is so delightful to me as the culture of the earth, and no culture comparable to that of the Garden.” Thomas Jefferson

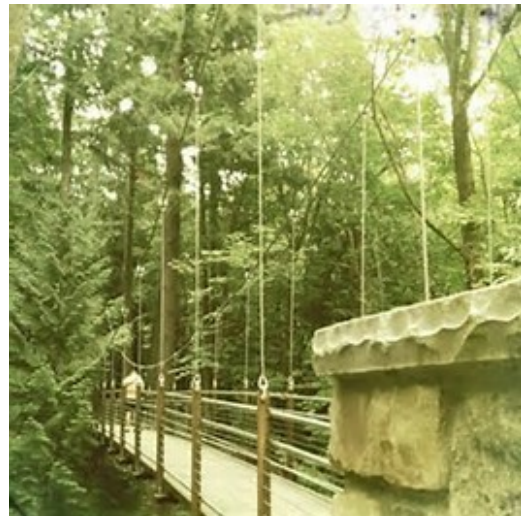
March Meeting **March 8, 2017**

**”Come Share the Beauties of Nature
as we take a late winter tour of Bellevue Botanical Garden”**

This month we'll meet at Bellevue Botanical Gardens for our business meeting and a tour of the gardens. We'll also learn the plans for the exciting changes at the gardens that will be taking place in the large front area between the Education Center and all along the view west.

Come dressed for the weather and bring your own sack lunch and drink, with your name on both. It is suggested that, for security reasons, you bring a minimum of valuables in your pocket: drivers license and credit card for instance.

We'll meet at the Aaron Education Center where we have reserved tables and chairs for our business meeting. At the main entrance waterfall, turn right and follow the sidewalk to the Education Center. **Please arrive promptly at 10 AM.** We'll have available the agenda of our activities for the day.



PRESIDENT'S MESSAGE

This is a good time to start planting and nursing those seeds indoors. After experiencing the snow this week, I believe the ground will not be ready early this year. I am in total agreement with the February Ground Hog's Day prediction: six more weeks of winter.

After attending the fabulous Northwest Flower and Garden Show, I am eager to get my garden in shape. It was the first time I've purchased dahlias at the show. The Dahlia Farmer instructed me to wait to plant my dahlias in May. What? I need to wait? I am so ready and excited to plant now. In as much, I will just clean up flower beds, and prune a little more.

Take some time to attend the Washington State Gala **March 15**. Enjoy Wednesdays in April at Cate's planting parties to support our fabulous annual Plant Sale. Then there is the Pacific Regional Convention held in Tukwila on **April 18, 19 and 20** which is so very fun to attend.

After all of that I will be getting outside and planting those DAHLIAS in May, as I was instructed to wait that long!

Lenda Sundene, President

SLATE OF OFFICERS FOR 2017-2018

Speaking for the Nominating Committee, June Ann Hassebrook announced at our February meeting that the current officers had agreed to serve for 2017-2018:

Lenda Sundene, President
Debbie DeFilipps, Vice-President
Joy Jackson, Secretary
Joan Fields, Treasurer

Election of officers will be held at our April meeting. Before the election, nominations may be made from the floor. The nominee must have consented to the nomination in advance. (Please see page 29 of your current Yearbook.)



February 27, Karen Lee: "I spy with my two little eyes...two hummingbirds."

2017 SPRING EVENTS IN OUR DISTRICT, STATE AND REGION

March 17 BBG Native Plant Work party, from 10 A M to 12 noon. Please arrive on time at the main entrance waterfall, with gloves, trowels, pruners and whatever bottled drink you'd care to bring.

March 18 Gala XXXIX at the Red Lion Hotel, Olympia

April 18-20 Pacific Region Convention, Embassy Suites, Tukwila

April 29 40th Anniversary Headquarters House Celebration

May 20 & 21 "Dirty Little Pleasures," a Standard Flower Show, presented by Terra Tillers Garden Club at Bellevue Botanical Garden. They're hoping we will enter and support this big show.

May 22 ELWD General Membership Meeting, St. Andrew's Lutheran Church, Bellevue. **Issaquah Garden Club** will provide the luncheon.

August—WSFGC Wildflower trip.

King Conservation District Native Plant Sale

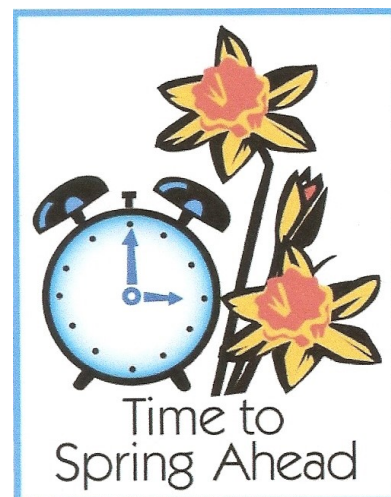
This sale will be held in Renton on March 11. While the pre-order date has passed, your editor has confirmed the KCD will have plants available for sale on March 11. The sale runs from 9 AM to 3 PM.

Quoted from the KCD website:
"The King Conservation District offers a variety of native trees and

shrubs for conservation purposes such as wildlife habitat, wind-breaks, hedgerows, reforestation and stream enhancement. The plants are bareroot stock which means they do not come in pots or burlap bags, but are harvested from the field in winter when the plants are dormant and ready to be replanted. Bareroot plants are affordable, hardy, have well-developed roots, are easy to handle, transport and plant." [In addition to the bare-rooted trees and shrubs, there may be small pots of native plants available. Check their website for availability and for a downloadable map of the sales site at 1107 SW Grady Way, Renton.]

<http://kingcd.org/programs-native-walk-up-sale.htm>

[You might think of buying some bare-root shrubs/trees to pot up for our plant sale in April. See page 4.]



Daylight Savings Time begins on Sunday, March 12. Move your clocks ahead one hour late the night before.

Issaquah Garden Club Annual Plant Sale

This is a reminder that our **Plant Sale** will be held on **April 28 and 29, at Joanne Morgan's home, 16023 252nd Ave SE** (south, just off Issaquah-Hobart Road), **10 A.M. to 3 P.M.**

The calendar of potting parties, at Cate's home, 24205 SE Tiger Mountain Road, just off Issaquah-Hobart Road: **March 29, April 5, April 12** (after the IGC meeting), **April 19** and **April 26**, from 10 A.M. to around 3 P.M. at the very latest. Join us for a couple of hours or more. Bring a sandwich, if you wish. Beverages and snacks will be available. If you have a greenhouse, we can use some starts for potting.

Please see last month's article by Joy Jackson, for more information.



ON DAFFODILS

The old name for daffodil was "Affodyle." Affodyle means "that which cometh early." The Dutch word, "de affodil," is said to be the origin of the word, deriving from Greek mythology of the asphodel. The Greeks associated the asphodel flower with death. The asphodel blossomed over the meadows where the souls of the dead wandered.

Roman Legend of the Daffodil

The Roman soldiers were said to have among other items in their sack, a satchel of daffodil bulbs. If they fell to fatality, they would eat the bulb of the daffodil to die with mercy. The bulb has narcotic toxic properties, and the soldier's pain would numb until his death. However, ingestion of large quantities is unusual because of a strong unpleasant taste.

"Narcissus" is another name for the daffodil... It is said to come from the word, "narke," the ancient Greek word for deep sleep, stupor or numbness. Narke is the root word for "narcotic," which might explain why the Roman soldiers used the bulb of the daffodil as a means to a end.

[This is excerpted from the March 2017 newsletter of the Falls Church Garden Club.]



"All Nature seems at work. Slugs leave their lair,

The bees are stirring, birds are on the wing,

And Winter slumbering in the open air,

Wears on his smiling face a dream of spring."

Samuel Taylor Coleridge

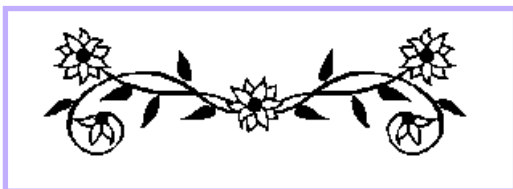
**PACIFIC REGION GARDEN
CLUBS
74TH ANNUAL CONVENTION
APRIL 18 – 20, 2017**

**“BEST OF THE NORTHWEST,
THE PAUSE THAT REFRESHES”**

The Embassy Suites, 15920 W Valley Hwy, Seattle WA 98188. Embassy Suites provides a made to order complimentary breakfast, two complimentary beverages and snacks for their nightly Atrium Cocktail Party.

We will have exciting horticulture speakers: Kelly Dodson and Sue Milliken, owners of **Far Reaches Nursery**, have travelled the world to bring back specimens to enhance their collection of rare plant species. Plant preservation and propagation are important to Kelly and Sue and it is evident in the quality of their botanical treasures and their extensive knowledge that they are happy to share with us. Please come and enjoy the stories of their expeditions and the work that they do in their nursery. Stay for the workshop so that you can purchase plants for your own collection.

[This is the first paragraph of the notice on WSFGC website. Please see <http://www.wagardenclubs.com/event-calendar> for more information on the regional convention.]



THINGS TO DO IN MARCH

Some annuals, such as verbenas, snapdragons and petunias take 70 or 90 days to bloom. They should be started indoors in early spring or purchased as greenhouse-grown transplants. [Have you ever seen petunia seeds? They're tiny!]

A good salt substitute for anyone who wants to restrict sodium intake is a blend of equal parts dried basil, dill, lemon balm, marjoram, mint, parley, rosemary, thyme, and a few dashes of Hungarian paprika. The mixture will keep indefinitely in a dark glass or ceramic container.

Divide and transplant summer- and fall-blooming perennials (astilbe, aster, bleeding heart, coral bells, daylilies, phlox and Shasta daisies). Perennials perform best in well-drained soil with plenty of humus. Astilbe, hosta, and bleeding heart will bloom in the shade.

Buy some new perennials for your flower border. Spring is a good time to renew and add variety in your landscape. Visit a local garden center or secure catalogs from your favorite nursery. [Or shop at our annual Plant Sale, April 28 and 29.]

Plant to attract hummingbirds to your garden this year by planting red or orange flowers. Monarda (bee balm) is a good perennial to provide nectar for these small birds

Birds consume hundreds of insects each day. Wise gardeners encourage them to take up residence in gardens by installing bird houses, feeders, and water sources.

[Taken from various issues of the VA. Extension Service newsletter, The Virginia Gardener.]

PINK GRAPEFRUIT AND ROSEMARY SORBET

[This was written by a friend, Sylvie Rowand, in the Falls Church Garden Club and published by her in the FCGC newsletter in March 2006.] “This is a difficult time of the year for fruit: citrus season is almost over—yet berries and juicy sun-ripened peaches are months away. I yearned for refreshing, fruity desserts low in fat but high in flavor. So I combine Ruby Red grapefruit and herbs that are still (already?) growing in the winter garden to make this pale translucent pink sorbet. Easy to make, it is elegant and slightly unusual—a perfect ending to a rich meal. The inspiration is from the **Inn at Little Washington** in Washington, VA, where, years ago, I had a yellow grapefruit and basil sorbet served between courses. This recipe should work with other herbs such as lemon thyme, or lemon verbena.”

Ingredients

- * 2 1/3 cups freshly squeezed ruby red grapefruit juice
- * 1+ cup simple syrup flavored with rosemary
- * 1 Tbsp. unflavored vodka (optional but will help the sorbet not freeze too hard)

Mix well and refrigerate until cool. Process in ice cream maker according to directions before freezing. If you don't have an ice cream maker, pour into a flat pan and freeze,

stirring vigorously with a fork every 30 or 60 minutes.. When there is no liquid left, process in food processor until smooth and serve ASAP.

Simple Rosemary Syrup

Bring to boil 1 1/2 cup water with 1 cup sugar. Add a large sprig of rosemary—how large depends upon how assertive you want the flavor to be. Boil for 30 seconds. Remove from heat. Let cool completely before using, discarding the sprig of rosemary.

GARDEN DELIGHTS

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www.IssaquahGardenClub.org

**This month:
A Trip to BBG**

