



# GARDEN DELIGHTS

## ISSAQUAH GARDEN CLUB

*"Why not go out on a limb? That's where the fruit is."*

—Will Rogers

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### December Meeting

December 13, 2017, 10:00 A.M.

#### **Karen Chapman: "Reducing Maintenance and Backache in the Garden"**

Our speaker this month, Karen Chapman, has presented programs for us twice before, in March, 2013, and February, 2014. Both programs were well-received, We're delighted that she's joining us again, this month.

Karen writes about her program, "Life gets busy and we get older – two indisputable facts. For those of us who want to have a nice garden both these facts can cause extreme frustration perhaps even more so when we actually love to work in the garden. Learn strategies to simplify your garden and your gardening to-do list. By identifying the chores which you find most challenging and understanding which plants are maintenance nightmares you will be able to make considered design choices. Learn to be the Master, not the slave!

Ms. Chapman will bring signed copies of her two books, for sale at discounted prices: **Gardening with Foliage First** (\$25) and **Fine Foliage** (\$17) or a bundle of both books, for \$40 including tax. She asks for cash or checks made out to "**Karen Chapman.**"

(Please read more about Ms. Chapman on page three.)

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**Georgann Lennon** will tell us about the **Issaquah Food Bank**, this month.

**Please don't forget to bring your plate, cup and utensils from home!**

**And please don't forget your contributions for the Issaquah Food Bank!**



## PRESIDENT'S MESSAGE

Our December Potluck with all the IGC members this month reminds me of how fast the year is coming to a close. This year has flown by with all our many events. Recently, at the most beautiful garden club state event, it was a real pleasure to have Debbie DeFilipps win eight awards for her two entries, which included an Exhibition Table Design and a Multi-Rhythmic Creative Design. This Holiday Show is one of the most beautiful shows one can expect, and it was truly worth attending.

Please plan to attend the 2018 Northwest Flower & Garden Show, February 7-11 in Seattle at the Washington State Convention Center. Just hop on the Metro Sounder Express bus #554 in Issaquah with other IGC members for a fun-filled day to take in many seminars, judged designs, and multi-gardening booths.

**Lenda Sundene, President**



### POTLUCK LUNCHEON FOR DECEMBER

As we have done for several years, members will contribute dishes on an alphabetical breakdown, approved for this meeting.

There are four food categories: snack with coffee before the meeting; salad, main dish; dessert. There are ten or so members in each group, and no mem-

bers will bring the same dish for a second or third time:

**A through D:** snack with coffee before meeting;

**F through J:** dessert (after all, we're celebrating, this month);

**L through P:** main dish;

**R through Z:** salad.

Each member is asked to bring a smaller-sized dish than usual, since we'll have so many contributions,

**Joy Jackson** is the hostess this month; helping her set up and clean up will be **Sally Cadranell, Joanne Morgan, Sue Wagner, and Joanne Westveer**



## GARDEN THERAPY IN DECEMBER

Very few volunteers helped Karen Bukantz to make the arrangements for Thanksgiving, last month for the residents at Issaquah Care and Rehabilitation Center.

Please volunteer to help complete the Christmas arrangements on December 21. We know it's a busy season, but this is so appreciated by the residents, their visitors, and the staff.

## HELLEBORE TEA

The Hellebore Tea is scheduled for **March 11, 2018, to 2 P.M.** at Lake Wilderness Lodge. As of November 17, Maria Van Zanen stated that there were eight tables left, with small groups who wished to help fill a table. So far, counting me, we have five IGC members who wish to attend. The tickets are \$18 each and there are 10 tickets for each table.

In addition to tickets, those attending would bring tea refreshments suitable for tea for their table as well as for a common table at which other attendees would choose a few pieces. We would also be responsible for a floral arrangement that will be judged, and our place settings, utensils, napkins, tea pot and serving dishes and utensils. As I wrote to you, November 17, if we divvy up the work: let someone do the baking, someone do the centerpiece and then the table setting, it may make it easier. Some groups occasionally have had each guest bring their table setting (cup and plate and silverware) and kept decorations simple. It is just as much fun but without the work!

Here is a picture of our table at the 2011 Hellebore Tea:



## MORE ABOUT KAREN CHAPMAN

Born in England, Karen grew up with a trowel in her hand.

After moving to the Pacific Northwest in 1996 she joined Molbak's Garden & Home as a garden plant specialist before establishing **Le Jardin** in 2006. Whilst initially specializing in custom container gardens, Karen now applies that same attention to detail by designing functional and artistic landscapes. Her designs have been featured in many prestigious publications, including *Fine Gardening*, *Sunset* and *Better Homes & Gardens*.

She is co-author of two books: ***Gardening with Foliage First*** and the award-winning ***Fine Foliage***. Karen also writes inspirational design articles on two blogs and is a regular contributor to several digital and print publications. As an instructor for the online community, **Craftsy**, Karen teaches two garden design courses including ***Gorgeous Garden Design; Foliage & Focal Points*** that was mostly filmed in her own 5 acre garden in Duvall, WA and her NEW online course ***Container Gardening to Suit Your Style*** has JUST gone live this week with *Garden Gate* magazine!

Whether on the stage, television or radio, Karen's aim is always to inspire, educate and share the fun of gardening with her audience.



## **WSFGC 71st HOLIDAY SHOW, “Sing In, Ring In the Holiday Season”**

These pictures were taken by Charlene Trent-Lewis, ELWD photographer at the show on November 6 and 7, and very kindly sent to me for publication in the ELWD ECHO.



Debbie de Filippis' award-winning entry



Debbie de Filippis' award-winning entry



Floral Design



Floral design

## **SPECIAL REQUEST: FLOWER SHOW SCHOOL**

“This note is to ask for your co-operation in helping us encourage garden club members to register for Course I of the NGC Flower Show School being held in Boise, Idaho, April 12-13, 2018 with instructors Dot Yard and Barbara May. Idaho is a small state and we need all the help we can get in order to reach as many potential students as possible. Unfortunately, our school was not listed in the last issue of the National Gardener or WACONIA although we are on the NGC website. The registration form is attached and if you would like any additional information, please don't hesitate to contact me.”

Sincerely,  
**Pat Baker, Garden Clubs of  
 Idaho Flower Show School Co-  
 chair, (208) 870-1299**  
[patbaker@live.com](mailto:patbaker@live.com)

[The registration form, a PDF, is attached to the cover message for this newsletter being sent by e-mail.]



## **MORE PICTURES FROM THE HOLIDAY SHOW**



Floral Arrangement, Large



Two prize-winning table arrangements,

## Coconut Snowman



Scoop out three different-size balls of vanilla ice cream.

Roll them in shredded coconut.

Stack them up to look like “Frosty.”

The Snowman’s eyes, mouth, and buttons are licorice candies.

Use marzipan for his carrot nose.

Make the hat from a toasted marshmallow atop a chocolate cookie.

Children will gladly help you create variations and eat them for you!

-Adapted from a Martha Stewart recipe, as printed in the December, 2012 newsletter of the Falls Church Garden Club



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Illustration from The Gardener’s Year, by Karel Capek, illustrated by Josef Capek

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