



# GARDEN DELIGHTS

## ISSAQUAH GARDEN CLUB

*How beautifully leaves grow old,  
How full of light and color are their last days.”  
John Burroughs, American naturalist and  
nature essayist, 1837-1921*

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### October Meeting

October 10, 2018, 10:00 A.M.

Tibbetts Creek Manor is again unavailable to us for our meeting in October. We'll again meet at **the Issaquah Train Depot Museum**, between City Hall and the Issaquah Senior Center, approximately one block off of Front Street. The address for this facility is given variously as at 50 Rainier Avenue North or at 78 First Avenue NE. here are entrances to parking on both Front Street and Sunset Way. You might also consider parking at the King County Library Building, though this may be more of a walk than you'd like.

We'll meet again in the original baggage room of the Depot, which provides adequate, though somewhat rustic, space, with a tiny kitchen and other necessary facilities. Our business meeting, program and lunch will all be held in this room. There will be a hospitality table right outside the entrance to the room.

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#### “Paint a Picture—You are the Artist”

Our speaker this month is **Linda McClenahan**, a member of Terra Tillers Garden Club since 1995. She'll talk about floral arrangement. She states that she has always been interested in art, having earned a minor in Fine Arts at Washington State University and completing graduate work in Art Education.

She was influenced by her mother, whose charcoal and pen and ink drawings she still has. A former teacher, she taught elementary children overseas for the Department of Defense, where she had the opportunity to

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## PRESIDENT'S MESSAGE

### Inspired

Our September meeting speaker, Barbara Reisinger, inspired me to start rejuvenating a small garden space on the east side of my house.

Several years ago, I planted 'Sun Garden' plants and a small vine maple in the sunny space. The perennials looked great the first two years, but as the vine maple grew, the flowers looked sad and were stretching out from under the maple toward the light. The maple helps shade the side of the house from the hot summer sun so it stays. I am saving a few sedums to replant and pulled out the remaining few leggy plants. I am replacing them with 'Harbour Dwarf Heavenly Bamboo' on the sunny border of the bed and ferns and hellebores in the shadier area. A few new plants are giving a fresh look to the whole space!

I'm looking forward to our October program 'Paint a Picture - You are the Artist.'

**Debbie DeFilippis**

## OCTOBER PROGRAM (continued from page one)

enjoy and appreciate the art of different cultures which has influenced the way she arrange flowers. Then, while living in the South, she started an art program for a predominantly boys' military academy,

"Flower arranging is an art form...so goes along with my interest. It seems to fulfill my need to continue to be creative....and to use my background in

thinking about and executing arrangements...this is kind of what I'll be talking about in my program. "

## IGC PLANT SALE

Your officers have planned to continue the tradition of our annual Plant Sale next **May 3 and 4**. Joanne and Ken Morgan have again generously donated their property for the sale.

It's early, but not too early to think about the sale or make plans about which plants you might donate to the sale. Fall is a great time to divide perennials. You might designate a part of your garden to hold your donations. You might then bring them to a potting party, next April.

[There's a great tutorial on this website: <https://gardenerspath.com/how-to-propagation/divide-perennials/> ]



Dividing daylilies

## PLEASE HELP OUR CLUB!

**Please don't forget to bring your plate, cup and utensils from home!**

**And please don't forget your contributions for the Issaquah Food Bank!**

## OUR DISTRICT GENERAL MEMBERSHIP MEETING, SEPTEMBER 24

“Hi IGC members — just an update on the ELWD meeting at Saint Andrews Lutheran Church, Monday September 24. This meeting was well attended by district garden club members and the our club was represented by twelve members. We had an excellent presentation by Patrick and Margaret Spence owners of **Cascade Iris Garden** in Lake Stevens. He provided a colorful and informative talk on a wide variety of Iris species.

There was a district horticultural flower show which had many interesting and beautiful specimens. A number of our club members received awards for their entries. There is always lots to be learned from these competitions.

Three fabulous prizes donated by garden clubs were raffled off, and a delicious lunch was provided by West Sammamish Garden Club.

Our afternoon program, a design program by Linda Maida, gave us lots of inspiration to try floral design. She was witty and entertaining and enticed even some of u who never thought about entering a design.

Georgann Lennon

### WORK DAY AT BELLEVUE BOTANICAL GARDEN

ELWD, in partnership with Bellevue Botanical Garden, will be participating in the **work day in the BBG Discovery Garden on Friday, October 12, from 10 A.M. to 12 noon.** ELWD will be working along with the Native Plant Society.

### BBG WORK DAY, Cont.

According to the BBG Director, "We will focus on fall clean up and wattle fencing. We're asking people to bring long pruned branches (about ½" diameter) if they have them, to help build the wattle."

Even if you didn't sign up at our September meeting—and not many did—your help will be appreciated. This is a chance to share our expertise and get to know some friendly gardeners at the same time.

### 2018 October Classes at BBG

**Bellevue Botanical Garden Society** is pleased to offer the following educational opportunities. Pre-registration is required for our classes. Many of our classes sell out so we strongly encourage you to register early. Please be advised that if you elect to come to a class without pre-registering, you may be turned away if the class is full. If you do attend a class as a walk-in, you must pay with exact cash or a check.

**BBGS members receive special pricing on all classes and lectures. Want to enjoy our classes and lectures at reduced prices? Become a member now.**

**MEMBERS, PLEASE NOTE:** When registering for classes and lectures, you must sign in with your user name and password to receive your member discount. Visit the website to register:

<https://bellevuebotanical.org/classes/>

{See page 4 for classes offered.}

## BBGS CLASSES IN OCTOBER

October 10 @ 10:00 am - 11:30 am,  
**FALL CARE FOR YOUR PEONIES**

Peonies are prized in gardens for their easy upkeep and exquisite flowers. They may bloom for years with little or no maintenance. Ensuring the beauty of your peony plants requires minimal fall season attention. However, some care is important to ensure maximum blooms and to prevent diseases. Join Kit Haesloop for some hands-on time with peony plants learning winterizing techniques and how to divide them. **This class will spend time outdoors in the Garden's Perennial Border.** \$15 BBGS & NPA/ \$20 nonmembers

October 12 @ 10:30 am - 12:00 pm,  
 Aaron Education Center  
**MINDFULNESS IN THE GARDEN:  
 DEEPENING YOUR AWARENESS**

A second class added due to popular demand! While we move through various gardens, we will focus on nurturing the natural flow of the senses and deepening our connection to nature, allowing ourselves to fully engage and awaken to the combined healing power of nature and present awareness. Utilizing elements of mindfulness meditation and Shinrin-oku (Japanese Forest Bathing), we will cleanse and free our mind, body, and spirit creating a sense of inner strength, spaciousness, and stillness. Instructor Deborah Wilk LMFT.

October 14 @ 10:00 am - 12:00 pm,  
 Gathering Place at BBG

**TOP 10: WINNERS OF AN EVER-  
 GREEN WINTER**

Taught by George Lasch. The rest of the world covets our Pacific Northwest lushness in winter...and so they should! In this seasonal class, we will talk about the

plants that shine as backdrop plants during the winter months. We will discuss why plants are evergreen and how to best use them in your garden. Conifers and their pruning will be touched on, but we won't limit "evergreen" to "conifers." Come and enjoy a winter garden stroll with George, who was the supervisor of the Perennial Border garden at BBG for 8 years. He shares his extensive knowledge of plants and gardening with humor and wisdom. ...

LECTURE, October 17 at 7 pm,  
 Aaron Education Center  
**The New Perennial Movement:  
 Bringing the Highline Home**



Tony Spencer is the creative force behind **The New Perennialist**, an award-winning blog exploring the frontiers of naturalistic garden design. In his PowerPoint presentation, he will give us an introduction to the ethos,

aesthetics and ecological tenets of the New Perennial Movement in terms of naturalistic planting design. Tony will include an overview of some key principles—layering, matrix planting, intermingling, etc.—and how to achieve that in our gardens. These design principles inspired the new Urban Meadow at the Bellevue Botanical Garden. **\$15/\$5.**





## **AN EDITORIAL OF SORTS WASHINGTON GARDEN & DESIGN**

The 2018 Fall issue has just arrived and it's a stunner, before you've even opened the cover! The handsome plant that graces the cover, is a semi-double blooming tree peony, (*Paenias suffruticosa* 'Shimadaijin'), "a purple blend color that glows in the garden." Your editor is Kelly green with envy and covetousness. She had a beautiful four-foot tall tree peony with raspberry-colored blooms in the center of her formal knot garden in Arlington, Virginia, before the move to Issaquah in 2007. It was, alas, much too large to dig and bring across the country.

If your garden doesn't include peonies, you should consider purchasing one to plant this Fall in late September and October.. For a special thrill, plant a tree peony. "Bearing stronger stems -- and often larger flowers -- than their more common shrub cousins, **tree peonies** look like royalty in the flower world. Most varieties are hardy in Zones 4-8, reach 6 feet tall and wide (or so), and grow best in full sun and moist, well-drained soil rich in organic matter." ([Better Homes & Gardens](#) post)

But, back to [Washington Flower & Design](#)... this issue, as are all previous issues, is packed with information, including that's about WSG C Holiday Show, November 5 and 6, and National Garden Club, as well as interesting articles about horticulture, landscape design and environmental concerns,, and intriguing book reviews. Be sure to give this issue your time and attention.

**Cate Mueller**

### **Just for fun...**



Facebook, 9-17-2018

## **THINGS TO DO IN OCTOBER**

Fall is the best time of year for moving plants. Transplant deciduous trees and shrubs when they are dormant. Evergreen trees or shrubs, however, may be transplanted earlier in the fall, before they go dormant.

One of the most popular of the early spring flowers is the perennial Polyanthus Primrose (*Primula x polyantha*). Plant some this fall, and you will have a rainbow of colors when the weather breaks. Other plants that can be planted early include Calendula, Iceland poppy, pansy, stock and sweet pea.

Be sure to clean up from around your perennial flowers such as rose and peony. If left on the ground, leaves and stems can harbor diseases and provide convenient places for pests to spend the winter.

Cut back perennial herbs to encourage well-branched growth next year.

Protect your outdoor fountains this winter by draining them to prevent cracking due to expanding ice, then covering them so they won't collect rain water.

Cacti and other succulents, such as jade plants and sedums, do best in a sunny south or west window during the winter. They do not mind cool temperatures, but you may want to move more tender-foliage plants away from cold windows.

Christmas cactus need special care now to produce flowers in December. Buds will form when temperatures are between 50-60° F. or if the plant is exposed to at least thirteen hours of complete darkness each night. Putting them in a spare room is well worth the extra effort it may take for the spectacular display of blooms that is sure to follow.

It's not unusual for some spring flowering bulbs to send up a few leaves in the late fall or early winter. The bulbs will remain safe over the winter and will still produce flowers next spring.

[reprinted from October 2010 newsletter]

## **MASTER GARDENERS' CLASSES Demonstration Garden, Bellevue**

**Oct 6: Rain Garden and Storm Water Run-off**, by Lisa Haglund, King County Rain Garden Program Coordinator, WSU Extension Master Gardener

You have probably heard of rain gardens, but do you know what they are and where it is appropriate to use them? Come to this workshop to get all the details.

**Oct 13: English Design in the Garden**, by Allison Johnson

The English are known for their beautiful gardens. Would you like to make your garden more like those English gardens? It all starts with a design. Alison will give you some of design principles so you can incorporate them into your garden.

[These are the last two programs for 2018. Programs resume in January, 2019.]

Bellevue Lake Hills Greenbelt Urban Demonstration Garden is located at 15500 SE 16th Street. The easiest way to get there is from Eastgate, 158th Avenue SE to 16th street S.E., where you'd turn left. The garden is immediately on your left.

### **GROWING GROCERIES 2.0**

“Beginning in October 2018, **King County Master Gardeners** will offer ten 2.5-hour classes designed for Master Gardeners as well as the general public. Classes will be presented by WSU Extension Master Gardeners on the art and science of growing your own food. While **Growing Groceries 2.0** is intended to be an integrated in-depth series of classes, building on knowledge gained each class will contain the minimum information you need to get started.”

Classes are offered at **The Grange**, 145 NE Gilman Blvd., Issaquah, once a month on Wednesdays from 6:30 to 9:00

P.M. Individual classes are offered for \$5 per person or all ten for \$50. Pre-registration is required. To register online, the link is:

<https://conta.cc/2MrQaUM>.

You can pay online when you register. See the full program description at <http://mgfkc.org/resources/GrowingGroceries>.

If you have any questions, please email; **GrowingGroceries.King@gmail.com**

The first two of the ten class series: Class on **October 17**: Principles of Vegetable Gardening in the Pacific Northwest and the Onion Family, including garlic, onions, leeks, chives, and shallots.

**November 14**—Soil, Compost, and Gardening Methods including soil analysis, garden bed preparation, fertilizers, amendments, and cover crops.

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### **Field Bindweed – Weed of the Month King County Noxious Weed Control Program**



Weeds are, unfortunately, a common sight, but it takes a special kind of weed to make the “World’s Top 10 Worst Weeds List.” Field bindweed (*Convolvulus arvensis*), a non-regulated Class C noxious weed, is one of them. If you’ve ever found it in your yard, you probably understand why.

Field bindweed is a perennial vine that grows along the ground and over all objects it meets, twining itself around them. It’s a major pest in fields, turf, and farmland (hence its name *arvensis*, “of the field”), and also grows in residential areas. These days, people struggle with it in at least 19 countries and on 32 separate crops. Bindweed roots are deep and extensive, reaching 15 feet deep and 20 -30 feet wide, making it difficult to eradicate. What’s more, it reproduces not only by seed, but also via roots, rhizomes, and stem fragments. So if you hand-pull bindweed and leave many bits behind, you might end up with a lot of new plants when you return.

## GARDEN PLANT: CERCIDIPHYLLUM JAPONICUM

An incredible fall flush of acid yellow, rosy apricot and brilliant orange make this wonderful specimen tree a "must have" for a large full sun or part shade location; it may grow 60 feet tall by 50 feet wide. Should you wonder which neighbor is baking cinnamon rolls in late fall, wander over to your Katsura (*Cercidiphyllum japonicum*) and cherish the sweet brown sugar smell that it exudes. Endearing heart shaped leaves, brilliant fall colors and stomach-grumbling scents will make you want to add a bench beneath its branches.

If you enjoy the relaxing nature of weeping plants, Katsura can also be found as *Cercidiphyllum japonicum* 'Morioka Weeping'.

[Taken from the October 2018 newsletter, Gardens Alive Design, of Kirsten Lints, C.P.H., Landscape Designer & Garden Coach]



The Mueller's Katsura,  
October 22, 2017

## GARDEN DELIGHTS

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**Oct. meeting:  
Location change!**