

# GARDEN DELIGHTS

## **ISSAQUAH GARDEN CLUB**

"Snowfall not only provides a general amnesty for procrastinators, but does an excellent job of whitewashing the facts. If you didn't gather up your dead tomato and squash vines, your neighbor will never know ."

Roger Swain, Biologist, Author and TV host

## February Meeting February 13, 2019, 10:00 A.M. Tibbetts Creek Manor

## **Program for February: "How to Get Inspired by Sharpening** Your Tools"

Our speaker this month is Dr. Bruce Williams. He will speak about cleaning and sharpening garden tools.

Dr. Williams was raised on a farm in the dairy country of Northern Illinois. Besides tending a large garden, orchard and all their farm animals, the family also raised all the crops that provided the food for their animals. Like most farmers, he was a beekeeper, mechanic, electrician and carpenter.

He graduated the University of Illinois College of Veterinary Medicine in 1970 and owned Renton Veterinary Hospital until he retired in 2001.

Dr. Williams is a King County Master Gardner and Master Pruner. With his wife, he manages the Children's Garden at the Bellevue Demonstration Garden. He and his wife have been married for 50 years and have four children and six grandchildren.

[Two IGC members observed him sharpening garden tools at the Pine Lake Garden Club sale last spring, and were impressed with his knowledge, skill, and willingness to share information about these procedures.]

## **PRESIDENT'S MESSAGE**

#### **Mother Nature Inspired**

Sometimes Mother Nature plays a hand in your landscape design.

The second big windstorm we had this winter caused a 100-foot Blue Atlas Cedar to fall into my daughter's yard from her neighbor's property, taking out two smaller trees in the process. Luckily, the tree missed my daughter's house roof, but did put a hole in the roof of her garden shed which her insurance covered.

After much clean up, the neighbor's front yard is almost bare and really changed the view from and of my daughters yard. She has now changed her plans to put in a path and decorative gate in that area of her yard and instead is planning to have some 14 foot screening trees planted which will grow about 30 feet high.

I think the new trees be a nice screen and backdrop to the rest of her yard and a good choice after a such a sudden and dramatic landscape change.

## **Debbie DeFilipps**

## **JANUARY LUNCHEON**

Our Hostess will be Fay Cawley, and her helpers will be Sally Cadranell, Debbie DeFilipps, Joan Harris, Joy Jackson, Jean Pass and Dianne Tanner.



## **SHOW AND TELL**

This month, Joan Harris will tell us about "Evergreens in Flower Show Horticulture Class."

For our February meeting, please don't forget to bring your plate, cup and utensils from home!

And please don't forget your contributions for the Issaquah Food Bank!

## New Mailing Address for Issaquah Garden Club

We have moved the Issaquah Garden Club post office box from the *Mail Clinic* on Gilman Boulevard to the *United States Post Office* on Gilman Boulevard. The annual cost for our mail box will change from \$180 to \$82.

Our new address is:

400 NW Gilman Blvd #1122 Issaquah, WA 98027 \*

[\*There is NO four digit extension.]



#### GARDEN THERAPY FOR VALENTINE'S DAY

Joan Harris has just learned that our garden therapy at Issaquah Nursing and Rehabilitation Center has been cancelled. An alternate day will be scheduled later this spring.

### ELWD GENERAL MEMBERSHIP MEETING

Our second District General Membership Meeting of 2018-2019 will be held on Monday, February 25, at St. Andrew's Lutheran Church near Cross Roads, in Bellevue. The meeting will include a brief business meeting, two programs, lunch and a raffle. The horticulture program will feature Alison Johnson, speaking on "My Gardening with an English Accent."

Ms. Johnson has been a Master Gardener since 2011, is on the Master Gardener Foundation of King County board, co-leader of the Redmond MG Clinic, and has been a mentor for the Intern training and co-chaired the plant sale at the Center for Urban Horticulture and the Bellevue Botanical Garden.

She has lived and gardened in England and in the United States, in North Carolina and in Washington state, first in Gig Harbor and now in Redmond.

Her present garden, a couple of acres on a salmon creek, is an English Country Garden with borders of herbaceous perennials and shrub, surrounded by Douglas Fir, Western red cedar and even a couple of Sequoia.

The design program, still under

planning, will be offered by the design guild, Avant. It may feature information about the District flower show, "VISIONS," an NGC standard flower show to be on Saturday, August 3 and Sunday, August 4. The show will include designs included in the new <u>Handbook for Flower Shows.</u> (More information about the August show will be forthcoming.)

Registration for the meeting will begin at 9 A.M.; the price, including lunch, is \$10, payable at the door. **There will be a sign-up form available at our IGC meeting on February 13.** Should you wish to do so instead, you may contact Jean Hurt at her email address,

#### bajhjean@comcast.net

#### by Thursday, February 22.

Lunch and table arrangements or decorations will be provided by Issaquah Garden Club and Sammamish Garden Club. (IGC is also providing one raffle item donated by the Willards.) Those who will help with luncheon arrangements and preparation, and/or table decorations, should contact Debbie DeFilipps.



"Each one of us has the power to make others feel better or worse. Making others feel better is much more fun than making others feel worse. Making others feel better generally makes us feel better."

- Martin Luther King Jr.

#### BBG NATIVE DISCOVERY GARDEN UPDATING

From June Ann Hassebroek

ELWD has been proud to be involved with the protection and increase of native plants at the Bellevue Botanical Garden since the garden first began over 25 years ago.

EXCITING NEWS! The NATIVE DISCOVERY GARDEN is being totally updated. It is very educational to be working right along with the staff at BBG as well as the Washington Native Plant Society Eastside members. It will be very beneficial and fun for those that take part in this ELWD project.

Old plants will be removed, a new trail installed and many, many plants planted. There will be work parties at **10 am to noon** on **FEBRUARY 8**, **MARCH 8**, **MARCH 29**, **APRIL 5**, **and APRIL 12**. You are welcome to come with your gloves, favorite tool and bottle of water to any of these dates. At about 9:45, everyone gathers in the covered area—"Gathering Place" —to the left as you enter the main entrance to garden. However, **the date that most of our ELWD members will be attending will be MARCH 29**.

Please contact me: juneannhas@aol.com to let her know you will be part of this welcome garden team that will help homeowners see just how they can also create a beautiful garden that includes our native plants. Please give your name, email address, name of your garden club, and the date you're planning to work, for the records.

## Valentine Food for Thought

A "peachy" poem about "lovage," by Jeanne Losey, former poet laureate of the Indiana State Federation of Poetry Clubs (1925–2013) -courtesy of and with permission from

Michael Losey, Greenfield, Indiana

Cabbage always has a heart; Green beans string along. You're such a cute tomato, Will you peas to me belong?

You've been the apple of my eye, You know how much I care; So lettuce get together, We'd make a perfect pear.

Now, something's sure to turnip To prove you can't be beet; So, if you carrot all for me, Let's let our tulips meet.

Don't squash my hopes and dreams now, Bee my honey, dear; Or tears will fill potato's eyes, While sweet corn lends an ear.

I'll cauliflower shop and say, Your dreams are parsley mine. I'll work and share my celery, So be my valentine.





Bellevue Botanical GARDEN Society

## FEBRUARY CLASS at Bellevue Botanical Garden

There is only one class open for February. **Pre-registration is required.** 

CLASS: The Hidden Half of Your Garden: A New Way to Think About Soil

Saturday, February 16, 10am-12pm David Montgomery and Anne Biklé \$25 BBGS members/\$35 nonmembers

"Come and learn about how the smallest creatures on Earth are upending practices in gardening, agriculture and medicine. We will talk about human and plant microbiomes and the role of living soil in keeping gardens, farms, and even our bodies humming along like they should. The instructors are David Montgomery and Anne Biklé; authors of *The Hidden Half of Nature: The Microbial Roots of Life and Health.*"



Please sign up early, to be sure to be able to attend:

https://bellevuebotanical.org/classes/

And click on **REGISTER NOW** under "February 16."

## **NOTE FROM ELWD**

From time to time, East Lake Washington District officers have information to give to our Garden Club members. These are sent via messages from the <u>ECHO Extra</u> editor, Joyce Voldal. Please add her Email address to your contacts

## javoldal@hotmail.com

to be sure of receiving her messages.

## GARDENING TIPS FOR FEBRUARY

Here are some suggestions from the BBG Society February issue of their newsletter:

Finish cutting back dormant perennials and grasses.

Consider coppicing certain shrubs, such as *Cornus sericea*, *Sambucus spp.*, *Paulownia tomentosa*, *Cotinus* spp., etc.) for tall growth and extra-large leaves.

Finish heavy pruning of trees and shrubs before birds begin to nest!

It's not too late to mulch.

Begin sowing seeds that need cold stratification, and direct-sow hardy plants. Tender annuals and vegetables may need more warmth and light than is available just yet. Refer to a seedstarting calculator to find out the best time to plant different seeds in your neighborhood.



#### FEBRUARY GARDENING "TO DO'S"

[Some of you may remember Kirsten Lints, of <u>Gardens ALIVE Design</u>, who presented a program on Landscape Design at our February meeting, last year. The following tips are taken from her February E-newsletter.]

Use the last few weeks of dormancy to dream about your gardening desires in the coming year; less maintenance,

water wise, more edibles, adding color, and starting seeds—could be on the beginning of your list.

Give your Valentine a fruit tree, an indoor hydrangea later planted outside, or a variety of seeds. Beginning seeds is cost effective, easy, and extremely rewarding.

Research adding a rain barrel to the landscape.

Add edibles to the landscape: blueberries, raspberries, asparagus and rhubarb are beautiful additions and can be purchased inexpensively and planted at this time.

[This is a good way to segue into Kirsten Lints' notes in her newsletter about the Northwest Flower and Garden Festival, February 20 through 24.]

Break Away from the Dreariness and Get Your Garden ON!

The Northwest Flower & Garden Festival has been heralding the start of spring since 1989, as gardening enthusiasts from around the Northwest flock to this annual celebration held in the beautiful Washington State Convention Center for five magical days.

The Northwest Flower & Garden Festival has special show attractions for everyone. Our most popular features are Container Wars, the Show Gardens, the Marketplace, the Seminars, Vintage Garden Market, and more.

There is something for everyone - from kids to adults and newbies to experts!

So buy your tickets now at the Early Bird price (after February 19th the price goes up to the regular admission price) and print them conveniently at home.

Flip through the show preview brochure on your computer before attending the show.

Visit the website here:

#### https://www.gardenshow.com/

{[If you'd like to receive her newsletter, contact her at <u>kirsten@gardensALIVEdesign.com</u>]

#### **U. OF W ARBORETUM**

The Arboretum has had a display at the NWF&G Show (now Festival) for many years. This year, there is a post-Festival sale at the Arboretum announced:

**Display Garden Plant Sale:** *Saturday, March 2, 10 a.m. to 1 p.m.* 

If you'd like to buy plants from "Under the Mediterranean Sun" for your own garden, then come to the Arboretum on the Saturday after the NWF&G Festival. All purchases support Arboretum maintenance and education programs.

#### Jon Throne, Countryside Flora and Garden, sent an email that included this information:

"We are going to be offering Classes at Countryside Floral, The Farm and The Royal Bee. I am currently working on that Calendar as well and will get that out as soon as I can. Probably After Valentine's Day!!! "

Countryside Floral and Garden <countrysidefloral@countrysidefloral.ccsend.com>

[<u>The Seedling</u>, the newsletter of the Falls Church Garden Club, to which your editor belonged for about thirty years, published a poem by Matthew Holloway in this month's issue.]



"Matthew Holloway is a British poet, living in Winsford, UK, about thirty miles from both Manchester and Liverpool. At just forty years old, he has over 900 poems listed in "Poem Hunter."

In the Winter Garden reminds us that winter is not just a time of dormancy, but also a time to prepare for what is to come." Keith Thackrey, FCGC Poet Laureate

#### **In The Winter Garden** - Poem by Matthew Holloway, 11/25/2011

Winter has visited our garden my love Trees have been stripped bare and flowers wilt

A frost has been laid upon the ground Even the birds have taken to flight, away Amid the silence of the morning I walk Through our garden which we nurtured How solemn it now looks without colour

The summer seems but a distant memory How beautiful it looked back then How beautiful it will look once more But now in the mornings drab light With barren trees and wilted flowers I walk upon the hardened earth Which feels like stone beneath my feet

We talked of planting a fruit tree For flavour and shade in years to come Now that is an idea in waiting Till winter has passed, and spring returns Winter is here in our garden my love As I watch the vapour of my breath rise I say your name, a love for all time

## "RAGING RED" FLOWERING DOGWOOD

Georgann Lennon spied information about this cultivar, **Cornus florida 'Raging Red'** in the Spring Hill Nurseries catalogue.

This grows in zones 5 through 8, reaching eventually twenty-five or thirty feet. It flowers in spring and thrives in full sun. It likes humus-rich well drained, neutral to acidic soil, and costs \$79.99. If ordered, Spring Hill will begin shipping to Issaquah on February 11.

The description is as follows: "Seeing is believing; the crimson foliage on this dogwood stopped us in our tracks last year even before we saw the burgundy-tocrimson flower. Comparable to ---if not darker than-Cherokee Brave. Raging Red's spring foliage emerges deep burgundy, with older leaves slightly greening before exhibiting their flaming fall hue. The flower is also a deep burgundy (nearly black when it first opens), and it matures to a clear dark red. With typical dogwood fruit in the fall, this moderately sized tree is an open food source for dozens of species of birds-its fruit ripens in late summer through early fall and provides essential nourishment to birds before the long winter months arrive."



## 2019 CLASSES OFFERED BY CASCADE GARDENER

Cascade Water Alliance is offering free gardening classes to help you have beautiful, healthy landscapes while using water efficiently. Cascade's members are the cities of Bellevue, Issaquah, Kirkland, Redmond, and Tukwila; Sammamish Plateau Water, and Skyway Water and Sewer District.

The 2019 Cascade Gardener classes will be taught by our team of expert gardening professionals: Marianne Binetti, Jessi Bloom, Greg Rabourn, Ladd Smith, Veralea Swayne and Lisa Taylor.

2/21/19 – Gardening in Small Spaces: grow more food on a tiny footprint (Issaquah)
2/28/19 – Eat Your Yard: edible landscape design (Redmond)
2/28/19 – Layering the Landscape for Less
Maintenance: clematis, shrubs and groundcovers that love our climate (Bellevue)
3/2/19 – Contain Yourself: smart ideas for gardening in pots (Issaquah) 3/2/19 – Introduction to Organic Gardening (Bellevue)

3/7/19 – Natural Yard and Lawn Care **Issaquah** 3/7/19 – Don't Squish that Bug! Organic Pest Management for the Home Gardener **Kirkland** 3/9/19 – Knock Out Gardens: winning the war on water use with great plants and planting techniques (**Bellevue**)

3/9/19 – Designing the Northwest Garden (**Redmond**)

3/9/19 – Edible Landscapes for the Homeowner **(Issaquah)** 

3/14/19 – Knock Out Gardens: winning the war on water use with great plants and planting techniques (Sammamish Plateau)

3/14/19 – Sustainable Veggie Gardening **(Tukwila)** 

Please visit the <u>Cascade Gardener</u> webpage at https://cascadewater.org/water-efficiency/ cascade-gardener/ to register for each clsss. Information about each class may be found at: https://cascadewater.org/wp-content/ uploads/2018/10/2019-Cascade-Gardener-Class-Catalog-PDF.pdf For questions or assistance, call: 425.453.0930.

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c/o Cate Mueller, Editor 24205 SE Tiger Mtn Rd Issaquah, WA 98027-7336



February meeting: Cleaning and Sharpening your garden tools